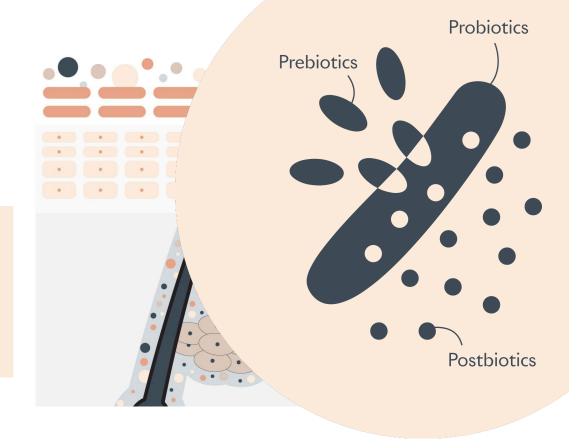


The future of antioxidant technologies: Probiotics and selective Postbiotics

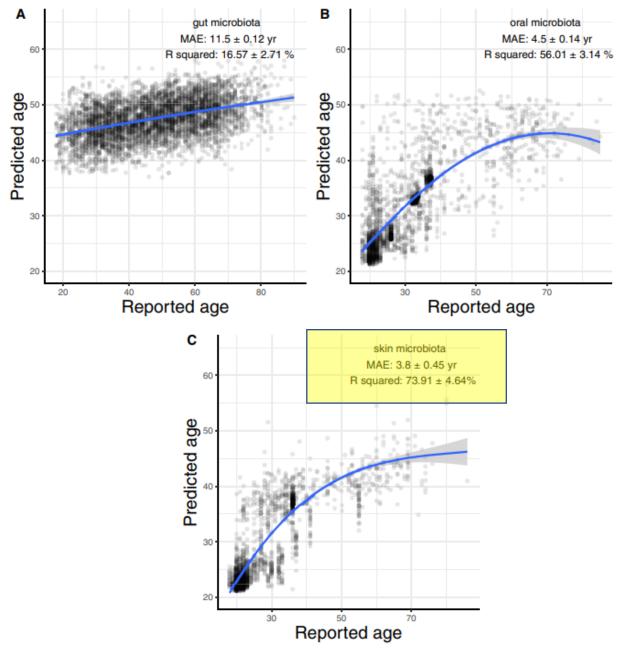


Major contributions of *Cutibacterium acnes* to skin-ageing: from clinical observations to in vivo modulation



## Skin microbiome is fundamentally connected to skin ageing

The skin microbiome is the best predictor of chronological age vs. gut and oral microbiomes



Huang S, et al. Human skin, oral, and gut microbiomes predict chronological age. mSystems Vol.5, Issue 1, 2020

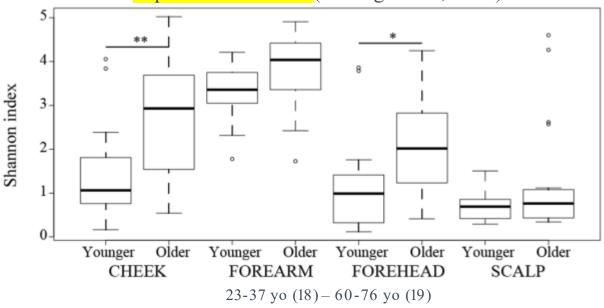


## Skin microbiome composition changes with chronological age

Alpha diversity (species richness) between young and old is different.

Microbial diversity increases with age.

#### Japanese women (Shibagaki N., 2017)<sup>1</sup>



Korean women (Kim M., 2020)<sup>2</sup>

Alpha-diversity / Forehead

n	Age Group	Observed ASVs	Chao1	Evenness	Faith's PD <sup>1</sup>	Shannon's Index
24	10–29 years	122 <sup>b</sup>	128 <sup>b</sup>	0.49 b	11.57 <sup>b</sup>	3.36 <sup>b</sup>
21	30–49 years	155 <sup>b</sup>	157 <sup>b</sup>	0.58 ab	14.80 ab	4.00 ab
28	50–79 years	247 <sup>a</sup>	253 <sup>a</sup>	0.61 <sup>a</sup>	19.8 <sup>a</sup>	4.78 <sup>a</sup>
	<i>p</i> -value	< 0.0001	< 0.0001	0.0127	0.0017	0.0012
	Linear	< 0.0001	< 0.0001	0.0043	0.0004	0.0003
	Quadratic	0.3877	0.3351	0.3932	0.8394	0.9865
	SEM	13.33	13.64	0.02	1.01	0.17

1/ Shibagaki N. et al. Aging-related changes in the diversity of women skin microbiomes associated with oral bacteria. Scientific Reports 7, 10567 (2017)

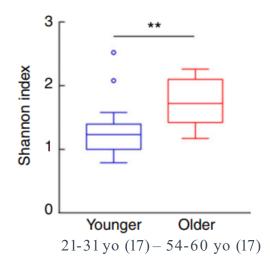
2/ Kim M. et al. Investigation of age-related changes in the skin microbiota of Korean women. Microorganisms,14;8(10):1581 (2020)

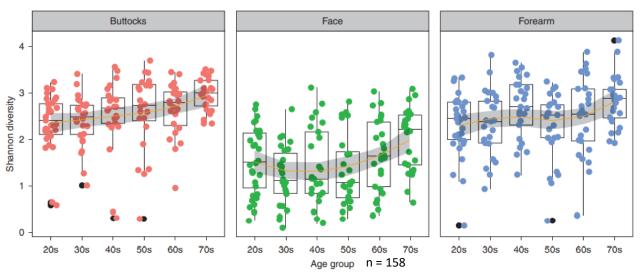


## Skin microbiome composition changes with chronological age

Microbial diversity increases with age.

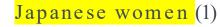
#### Caucasian women (Juge R., 2018; Howard B., 2022)<sup>3,4</sup>





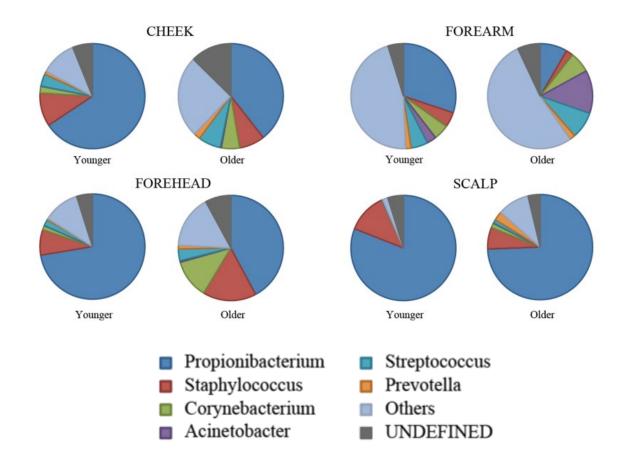
3/ Jugé R.. Et al. Shift in skin microbiota of Western European women across aging. J Appl Microbiol 125, 907-916 (2018)

4/ Howard B. et al. Aging-associated changes in the adult human skin microbiome and the host factors that affect skin microbiome composition. J. of Invest. Dermatol., Vol.142, Issue 7: 1934-1946 (2022)



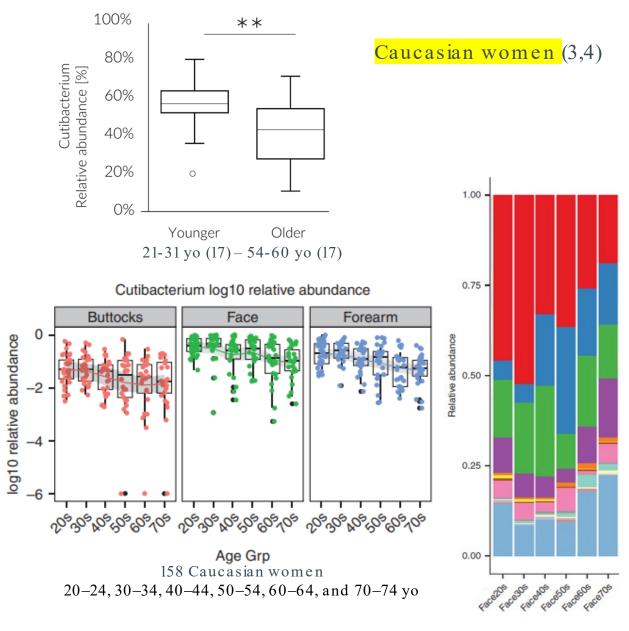


Cutibacterium acnes relative abundance decreases with chronological age





Cutibacterium acnes relative abundance decreases with chronological age



3/ Figure reploted for illustrative purposes from Jugé R.. Et al. Shift in skin microbiota of Western European women across aging. J Appl Microbiol 125, 907-916 (2018)

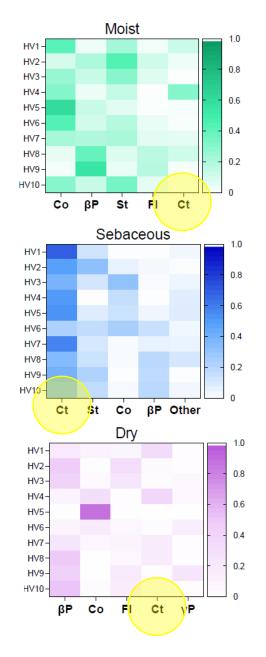
4/ Howard B. et al. Aging-associated changes in the adult human skin microbiome and the host factors that affect skin microbiome composition. J. of Invest. Dermatol., Vol.142, Issue 7: 1934-1946 (2022)

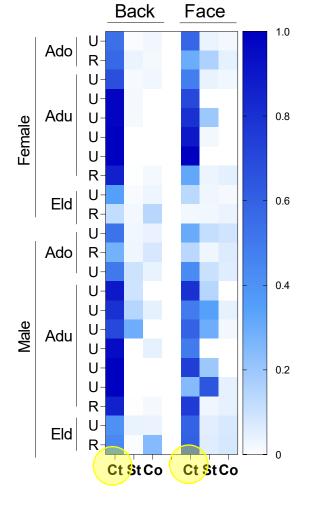


### Cutibacterium acnes Akeystone species of the skin microbiome

C. Acnes is highly represented in the skin microbiome, particularly in the pilosebaceous units

The predominant relative abundance of Cutibacterium in sebaceous sites is stable from different genders, ages, and locations.





#### Ct: Cutibacterium acnes

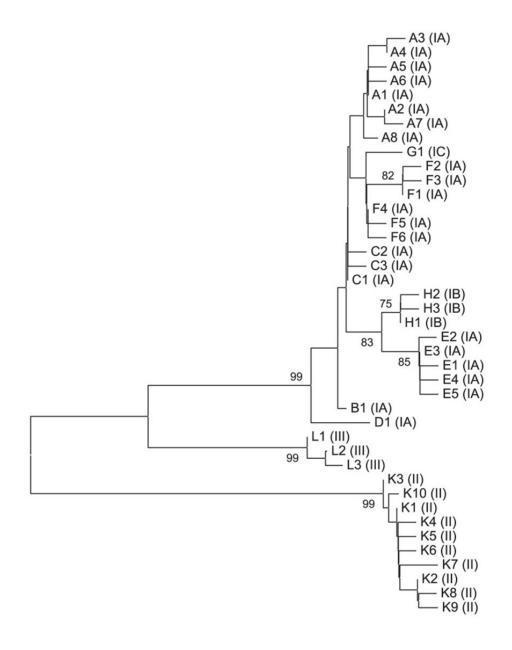
St: Staph. epidermidis Co: Corynebacterium BP: Betaproteobacteria Fl: Flavobacteria  $\gamma$ P: Gammaproteobacteria Ado: teenager, Adu: adult, Eld: elderly U: urban, R: rural

Rozas M. et al. From dysbiosis to healthy skin: major contributions of *Cutibacterium acnes* to skin homeostasis. Microorganisms, 9,628 (2021)



#### Cutibacterium acnes high strain diversity

Advances in deep sequencing technologies have revealed the high strain diversity of *C. acnes* with **three subspecies and six main phylotypes.**To date, about 113 SLST types have been described.



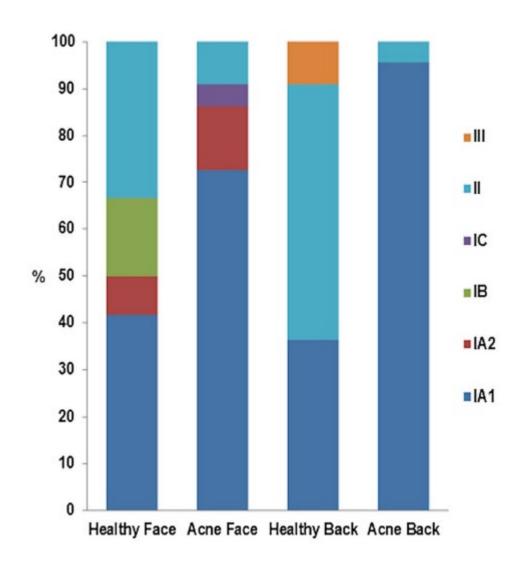


#### Cutibacterium acnes Paradigm shift

The phylogenetic cluster groups of *C. acnes* have revealed that diversity plays a key role in maintaining skin homeostasis. (Dreno et al., 2018)

"Contrary to what was previously thought, acne is not the result of a greater proliferation of all C. acnes strains, as patients with acne do not harbor more C. acnes in follicles than normal individuals. Rather than C. acnes hyperproliferation, it is the loss of balance between C. acnes phylotypes, together with a dysbiosis of the skin microbiome, which results in acne development."

(Dreno B., 2018, 2020)



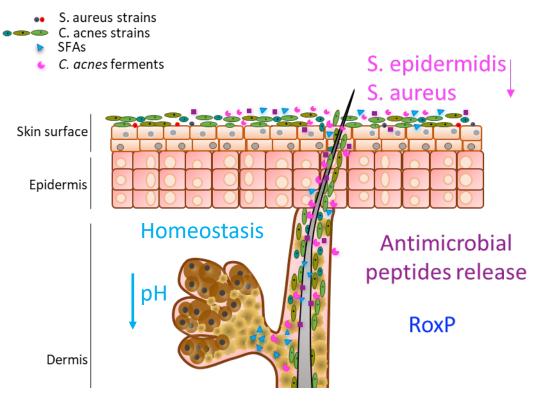
Dréno, B., et al. The Skin Microbiome: A New Actor in Inflammatory Acne. Am J Clin Dermatol 21 (Suppl 1), 18-24 (2020).



#### Cutibacterium acnes: a sentinel of the healthy skin microbiome

Advances in deep sequencing technologies have permitted the ID of C. acnes beneficial strains. These strains play a critical role as sentinel of the microbiome for skin health:

As we get older, our skin will miss the great substances produced by our "young" microbiome



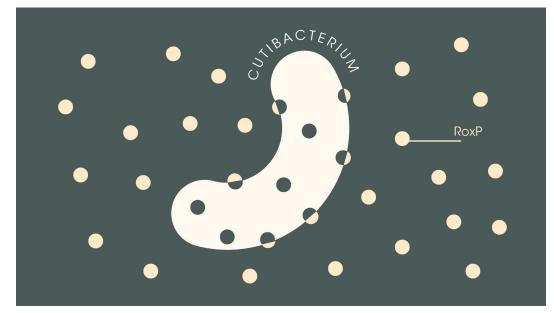
- colonization resistance: prevention colonization and invasion of pathogens via the hydrolysis of triglycerides in sebum and release of free fatty acids that are antimicrobial and contribute to an acidic pH of the skin surface,
- production of antimicrobial peptides,
- modulation of the immune system,
- production of beneficial metabolites.

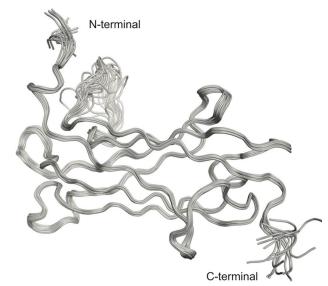


#### Cutibacterium acnes uniquely and abundantly produces RoxP

Radical oxygenase of *P. acnes* 

RoxP adopts a compact, Ig-like domain, which explains its pronounced stability



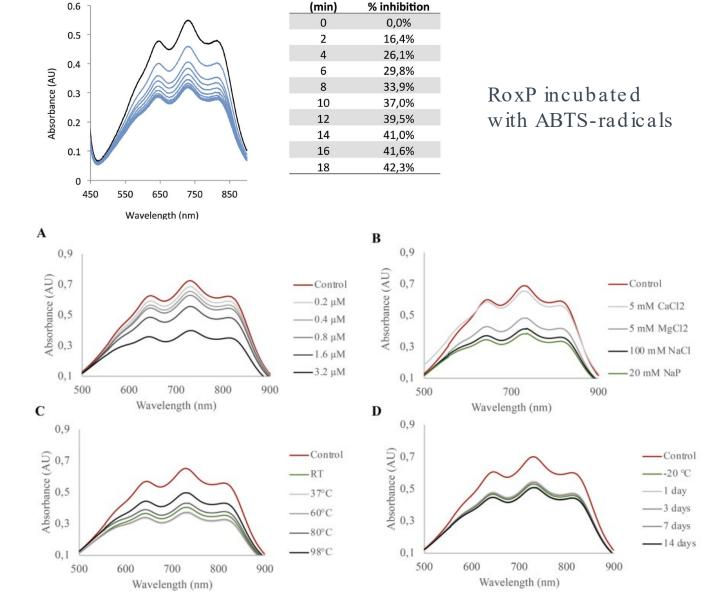


Stødkilde K, Paetzold B, et Al. Solution Structure of the *C. acnes*-Specific Protein RoxP and Insights Into Its Antioxidant Activity. *Front. Cell. Infect. Microbiol.* 12:803004 (2022)



# RoxP has strong antioxidant activity RoxP activity is highly resilient to adverse conditions

RoxP is able to endure temperatures of above 70C, as well as long-term storage in RT.

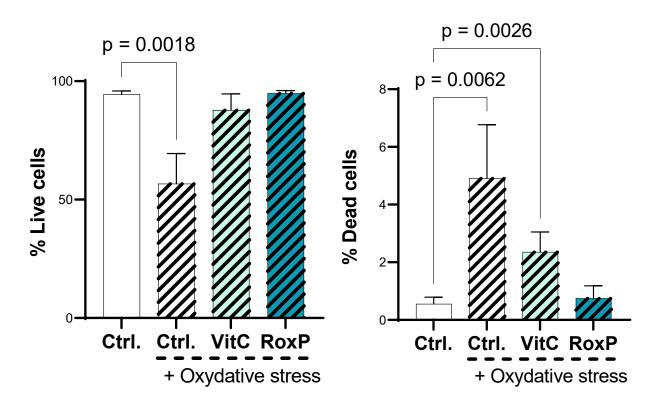


Allhorn, M., Arve, S., Brüggemann, H., and Lood, R. A novel enzyme with antioxidant capacity produced by the ubiquitous skin colonizer Propionibacterium acnes. Sci Rep 6. (2016)

Andersson, T., Ertürk Bergdahl, G., Saleh, K. et al. Common skin bacteria protect their host from oxidative stress through secreted antioxidant RoxP. Sci Rep 9, 3596 (2019)



## RoxP protects skin from oxidative stress RoxP has a superior antioxidant activity



Primary keratinocytes cultured and pre-treated with vitamin C or RoxP, and later stressed with paraquat to generate ROS.

Live/dead protocols showed a survival rate of 100% in keratinocytes treated with RoxP, much better than Vit. C,



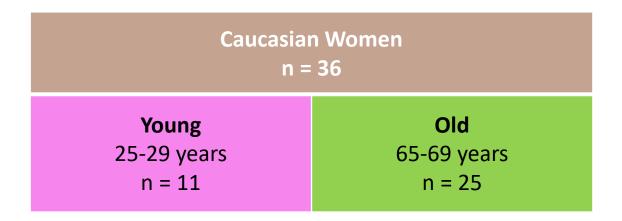
What differentiates a chronological old 'young looking" person?

Objective: determine whether certain microorganisms and the metabolites they produce on the skin are related to chronologically young skin and/or old younger-looking skin





1/ Panel selection



Inclusion criteria: Limited skin care routine, same hormonal status in each group.

Exclusion criteria: Smokers, heavy alcohol drinkers, heavy UV exposure, dermatological conditions, antimicrobials or cosmetic treatments, unhealthy diet, mask users.



2/ Panel selection Old-Old & Old-Young

#### Selection on appearance:

Standardized images of 44 subjects
(hair & eyes covered, Visia CR)
Pair-wise selection "who looks oldest"
#35 non-expert female panel (30-80 yo)

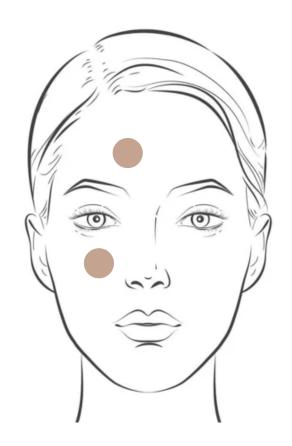




Caucasian Women N = 36					
Young YY 25-29 years	Old 65-69 years N = 25				
N = 11	Old-Young OY N = 12	Old-Old OO N = 13			







#### Stratification pre-sampling routine:

- Washout phase 4 weeks (standardized cosmetics)
- 24 hours prior sampling no cosmetics use, no showering **Sampling**:
- 2 swabs, forehead and cheek, pooled into 1 buffer (eNAT kit)



4/ Data collection

#### Clinical data

- 24 features
- Wrinkles, radiance, TEWL, RoxP, pigmentation, etc.

#### Metagenomics (sequencing)

- At the strain level, incl. C. acnes
- 300 bacterial strains identified

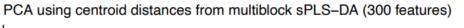
#### Metabolomic s

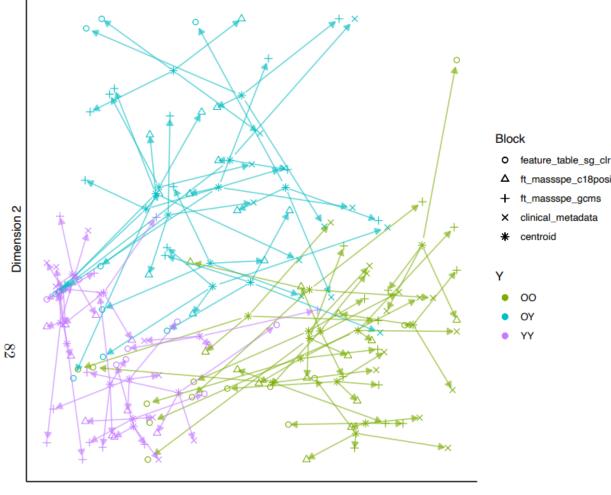
- GC-MS / LC-MS analyses
- 700 metabolites identified with GC/MS
- 1400 metabolites identified with LC/MS



### OO, OY and YY test groups clustered separately

**Sharp discrimination** of OLD group into OO and OY based on muti-omics analysis.





Dimension 1

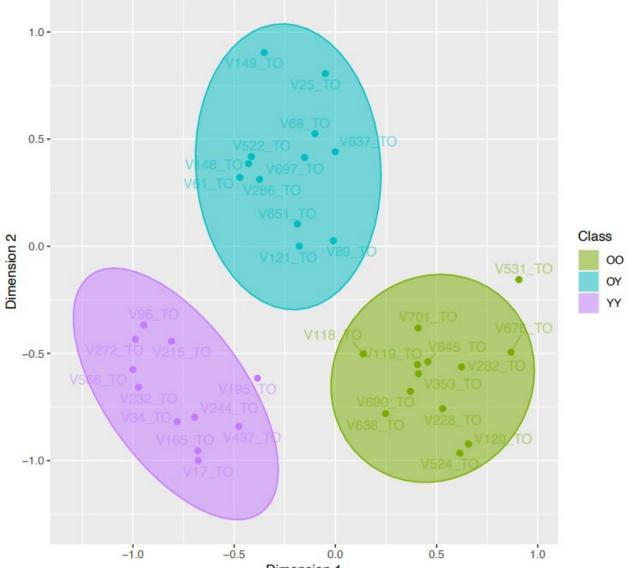
Arrow plot from multiblock sPLS-DA performed using shotgun sequencing, LC-MS/MS C18 Positive, GC-MS and clinical metadata data.



## OO, OY and YY test groups clustered separately

**Sharp discrimination** of OLD group into OO and OY based on muti-omics analysis.

#### Multiblock sPLS-DA (300 features) using centroids

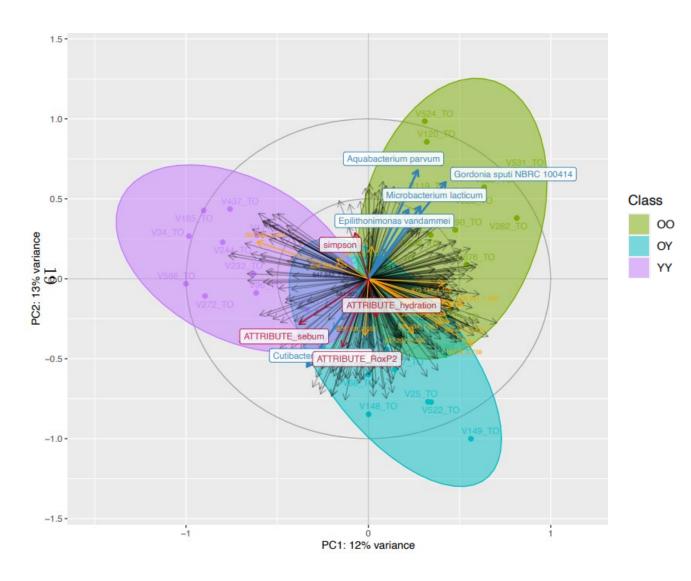


Arrow plot from multiblock spins performed using shotgun sequencing, LC-MS/MS C18 Positive, GC-MS and clinical metadata data.



#### Discriminant features separate OY and YY from OO

Using the most important discriminant features, "hydration", "sebum" and "RoxP concentration" identified as clinical attributes correlating with young appearance, as well as with *C. acnes* abundance.



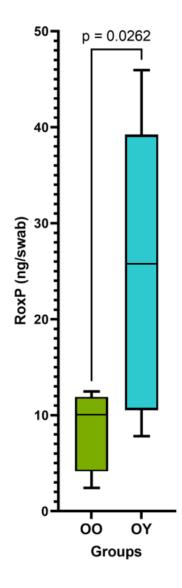
Selected significant Metabolome (sPLS-DA), microbiome (Pearson's correlation) and clinical features (Pearson's correlation).



### A higher level of RoxP is associated with "younger look"

RoxP concentration is significantly higher in OY vs OO. The clinical features of the young-looking old population correlate with C. acnes abundance and its secretome, RoxP concentrations for OY group.

C. acnes provides major contributions in skin aging.



Concentration of RoxP (ng) at the surface of the skin of the 7 top patients of the OO and OY group.



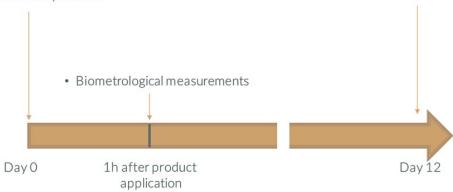
### C. acnes selected strain and skin microbiome

Double blind randomized pilot study with a C. acnes strain selected to be a high RoxP producer (IP).



- Biometrological measurements
- Tape stripping
- Biometrological measurements
- Application of the products

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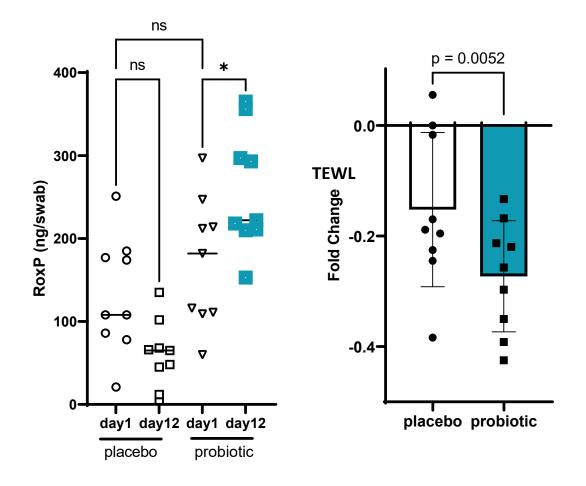


Variation of RoxP (ng) between day 1 and day 12 at the surface of the areas treated with the placebo or the probiotic, on the forearm or 10 healthy woman. Skin functional capacity after acutely damaging the skin barrier through tape stripping, variation of TEWL, between placebo and probiotic after 11 days of products application.



# C. acnes strain selected to be a high RoxP producer improves the skin barrier functions

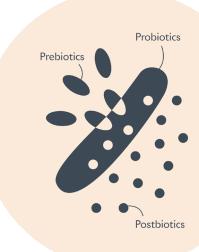
C. acnes strain based probiotic is metabolically active when topically applied, delivers antioxidant, and improves skin barrier functions.



No statistical difference on RoxP quantity in the placebo group and a **significant increase** for the probiotic treated aeras, indicating that the strain is metabolically active when applied.

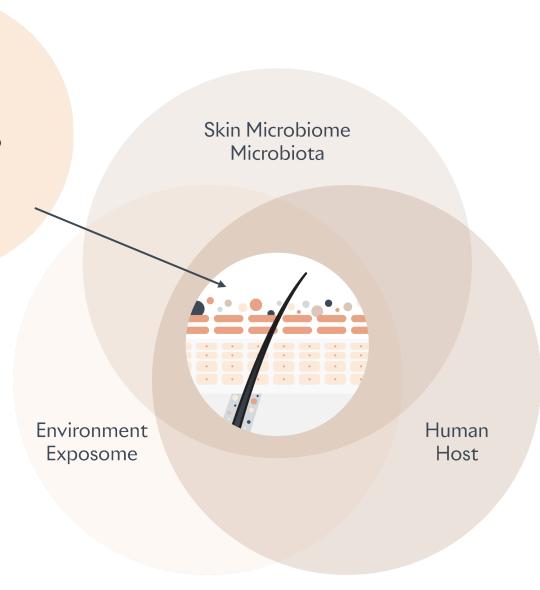
This higher local concentration is followed by a significant reduction in TEWL.





#### Skin microbiome modulation

Skin microbiome modulators, such as probiotics and postbiotics offer an effective approach for skin health and healthy ageing.





# Paradigm shift Unleash the full potential of the skin microbiome

Pascal YVON, Pharm D, MBA Pascal@sbiomedic.com





www.sbiomedic.com



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